



Join Us for a New Lecture Series Created Just for You!

These **free quarterly seminars** will provide important healthcare tips to keep you and your family healthy.
Lectures will be held from **6:30-7:30 p.m.**

January 15, 2013

New Year Resolutions: How to Eat Healthy

BMI testing will be available to employees during lecture.

Featuring: Members from The Diabetes Program at Aventura Hospital

Call 1-888-256-7692 to reserve your spot today!

Town of Surfside Community Center • 9301 Collins Avenue • Surfside, FL 33154



**Aventura Hospital
and Medical Center**

www.AventuraHospital.com



For more information on Aventura Hospital and Medical Center, please call (305) 682-7000.